

1 **Target blood pressure for Asian population: New Answers from the recent study results**

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5 Recent results from the SPRINT study may signal a paradigm shift with regards to

6 target blood pressure in hypertension. However, results from hypertension outcome studies

7 from Western countries may not be entirely applicable in Asia. Studies have demonstrated

8 that hypertension is more highly associated with cardiovascular events in the Asian

9 population. Also, cerebrovascular events, rather than ischemic heart disease, is more strongly

10 associated with hypertension in the Asian population. In this talk, we will review evidence

11 from recent studies from Asia and compare the results from the SPRINT study.

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